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## **Members Update – 17<sup>th</sup> December 2021**

### **Latest Update**

#### **Wales**

- New advice to keep Wales safe this Christmas

**Please read this guidance in-line with the ukactive [operational procedures](#)**

#### **England**

##### Current restrictions

- All facilities open – no limit on any areas
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- [From Tuesday 14 December](#), people who are fully vaccinated and identified as a contact of someone with COVID-19 – whether Omicron or not – should take an NHS rapid lateral flow test every day for 7 days – this aims to reduce pressures on people's everyday lives by replacing the requirement for Omicron contacts to isolate for 10 days – if not double vaccinated, you will need to self-isolate, [updated guidance available here](#)
- While it is not a legal requirement to wear face coverings in '[gym and exercise facilities](#)', all facilities should be respectful and supportive of any customers or staff that wish to wear a face coverings whilst in the facility – they must also follow all guidance on [when they do need to wear them](#) (such as in soft play areas) – [full details available here](#)
- **From 15 December**, [certain venues and events](#) will be required by law to check that all visitors aged 18 years or over are fully vaccinated (currently a full course of vaccination without the need for a booster, but this will be kept under review), have proof of a negative test in the last 48 hours, or that they have an exemption. These venues include:
  - indoor events with 500 or more unseated attendees, where those attendees are likely to stand or move around for all or part of the event, such as music venues with standing audiences or large receptions;
  - outdoor events with 4,000 or more unseated attendees, where those attendees are likely to stand or move around for all or part of the event, such as outdoor festivals; and
  - any events with 10,000 or more attendees indoor or outdoor, such as large sports and music events

#### **Scotland**

**Currently all of Scotland is in Beyond Level 0**



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- All facilities open
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- Need to collect details of people entering facilities
- If double vaccinated – no need to self-isolate if no symptoms (however PCR test advised), however
  - All close contacts of suspected [Omicron](#) cases will be advised to self-isolate for 10 days, regardless of their vaccination status.
  - from 11th December, the [Scottish Government advice](#) will be that **all household contacts of any confirmed Covid** case should isolate for 10 days regardless of their vaccination status and even if they initially get a negative PCR test
- Face coverings must be worn in facilities (except when doing PA)
- Covid passes (or [negative LFT](#)) needed in:
  - Nightclubs and "analogous venues"
  - Sexual entertainment venues
  - Unseated indoor events with more than 500 people, even if some are seated
  - Unseated outdoor events with more than 4,000 people
  - Any event with more than 10,000 people in attendance
- Promoting working from home
- From midnight Friday 17<sup>th</sup> December the guidance on [safer businesses and workplaces](#) has been updated for all businesses and workplaces and provides advice on measures that you should take to reduce risk and create a safe environment for customers and staff. This guidance should be used for premises to consider the risk of transmission of COVID-19 and identify the measures needed to adopt to protect workers and visitors on premises and for workers, when working, elsewhere. – key elements to [consider are here](#)

The latest FAQ's from Sport Scotland are available here - [Sport Scotland guidance](#)

## Wales

Current Guidance:

- All facilities open
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- Need to collect details of people entering facilities
- Face coverings must be worn (except when doing PA)
- Covid passes (or negative lateral flow test within the 48 hours - [within 24 hours](#) from 15<sup>th</sup> December) needed in:
  - cinemas, theatres and concert halls
  - nightclubs and comparable venues



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- unseated indoor live events for more than 500 people
    - unseated outdoor live events for more than 4,000 people
    - any event for more than 10,000 people
  - are promoting work from home whenever possible
  - If someone in your household has symptoms or has tested positive and you are fully vaccinated you should self-isolate and take a PCR test. If your test is negative you can stop isolating, however;
    - if you are a close contact of someone with the suspected or confirmed [Omicron variant](#), you must self-isolate for 10 days, regardless of your vaccination status or age
  - Following the First Ministers [announcement on the 17th December](#) around keeping safe at Christmas and new restrictions coming in from the 27th December, we are working closely with Welsh Government to see how this impacts our sector
- Further details are available on the Welsh Government website 'Sport, recreation and leisure: [Guidance for a safe return](#)'

### **Northern Ireland**

- All facilities open
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- Need to collect details of people entering facilities
- If double vaccinated – no need to self-isolate if no symptoms (however PCR test advised)
- Face coverings must be worn in facilities (except when doing PA)
- Covid passes needed in:
  - nightclubs
  - hospitality venues which serve food and drink
  - cinemas, theatres, concert halls and conference centres
  - indoor events with 500 or more attendees with some or all of the audience not normally seated
  - outdoor events with 4,000 or more attendees with some or all of the audience not normally seated
  - events where more than 10,000 people will be present regardless of whether they are seated
- Are promoting Work from Home

Further details are [available here](#)

ukactive will update all relevant guidance and links as these become available. If you have not been able to find the link you need, or if you have any further questions relating to the content of this update, please contact the team using [membership@ukactive.org.uk](mailto:membership@ukactive.org.uk) or by calling us on 0208 158 9700



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### Previous updates

#### **16<sup>th</sup> December Scotland**

- Updated guidance on safer businesses and workplaces

#### **14<sup>th</sup> Decemebr England**

- Self isolation guidance changes for people double vaccinated

#### **Scotland**

- First Minister Update

#### **12<sup>th</sup> December England**

- From 14<sup>th</sup> December - Self isolation guidance changes

#### **10<sup>th</sup> December Wales**

- Negative lateral flow test
  - From 15<sup>th</sup> December needed within 24hours not 48hours

#### **Scotland**

- Guidance on self-isolation
  - from 11th December, the Scottish Government advice will be that all household contacts of any confirmed Covid case should isolate for 10 days regardless of their vaccination status and even if they initially get a negative PCR test

#### **England**

- Updated links
  - Face coverings

#### **9<sup>th</sup> December England**

- Moving to 'Plan B'
  - From Friday 10<sup>th</sup> December, face coverings will be legally required in most public indoor venues.
  - From Monday 13<sup>th</sup> December, office workers who can work from home should do so. Anyone who cannot work from home should continue to go to the workplace.





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- From Wednesday 15<sup>th</sup> December, certain businesses and some events are required by law to check the COVID status of workers and customers, using the NHS COVID Pass

#### **6<sup>th</sup> December**

##### **Scotland**

- Omicron variant
  - Updated to include 'Negative test added to certification'

#### **1<sup>st</sup> December**

##### **England**

- Omicron variant
  - Updated guidance for 'NHS Test and Trace in the workplace'

#### **30<sup>th</sup> November 2021**

##### **Scotland**

- Omicron variant - Changes to self-isolation

##### **England**

- Omicron variant
  - Changes to self-isolation
  - Changes to face coverings
  - Update to school, holiday clubs and out of school settings

##### **Wales**

- Omicron variant – update to school guidance