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Members Update – 9th December 2021

Latest Update

England

- Moving to 'Plan B'
 - From Friday 10th December, face coverings will be legally required in most public indoor venues.
 - From Monday 13th December, office workers who can work from home should do so. Anyone who cannot work from home should continue to go to the workplace.
 - From Wednesday 15th December, certain businesses and some events are required by law to check the COVID status of workers and customers, using the NHS COVID Pass

Please read this guidance in-line with the ukactive [operational procedures](#)

England

Current restrictions

- All facilities open – no limit on any areas
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- If double vaccinated – no need to self-isolate if no symptoms (however PCR test advised), however,
 - all close contacts of anyone who has tested positive for the **Omicron variant** are required to isolate for 10 days regardless of whether they have been vaccinated – updated workplace [guidance available here](#)
 - The [Prime Minister announced](#) on the 8th December that – 'As Omicron spreads in the community, we will also introduce daily tests for contacts instead of isolation' – we are waiting for further details of this
- **From 10th December** while it is not a legal requirement to wear face coverings in '[gym and exercise facilities](#)', all facilities should be respectful and supportive of any customers or staff that wish to wear a face coverings whilst in the facility – they must also follow all guidance on [when they do need to wear them](#) (such as in soft play areas)
- [Schools, Holiday clubs and out of school settings](#) - face coverings should be worn in communal areas in all education settings by staff, visitors and pupils, or students in year 7 and above, unless they are exempt. Pupils or students in year 7 or above should continue to wear face coverings on public and school transport, unless they are exempt
- **From Monday 13 December**, office workers who can work from home should do so. Anyone who cannot work from home should continue to go to the workplace.
- **From 15 December**, [certain venues and events](#) will be required by law to check that all visitors aged 18 years or over are fully vaccinated (currently a full course of



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vaccination without the need for a booster, but this will be kept under review), have proof of a negative test in the last 48 hours, or that they have an exemption. These venues include:

- indoor events with 500 or more unseated attendees, where those attendees are likely to stand or move around for all or part of the event, such as music venues with standing audiences or large receptions;
- outdoor events with 4,000 or more unseated attendees, where those attendees are likely to stand or move around for all or part of the event, such as outdoor festivals; and
- any events with 10,000 or more attendees indoor or outdoor, such as large sports and music events

Scotland

Currently all of Scotland is in Beyond Level 0

- All facilities open
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- Need to collect details of people entering facilities
- If double vaccinated – no need to self-isolate if no symptoms (however PCR test advised), however
 - All close contacts of suspected [Omicron](#) cases will be advised to self-isolate for 10 days, regardless of their vaccination status.
- Face coverings must be worn in facilities (except when doing PA)
- Covid passes (or [negative LFT](#)) needed in:
 - Nightclubs and "analogous venues"
 - Sexual entertainment venues
 - Unseated indoor events with more than 500 people, even if some are seated
 - Unseated outdoor events with more than 4,000 people
 - Any event with more than 10,000 people in attendance
- Promoting working from home

The latest FAQ's from Sport Scotland are available here - [Sport Scotland guidance](#)

Wales

Current Guidance:

- All facilities open
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- Need to collect details of people entering facilities
- Face coverings must be worn (except when doing PA)
- Covid passes needed in



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- cinemas, theatres and concert halls
 - nightclubs and comparable venues
 - unseated indoor live events for more than 500 people
 - unseated outdoor live events for more than 4,000 people
 - any event for more than 10,000 people
- are promoting work from home whenever possible
- If someone in your household has symptoms or has tested positive and you are fully vaccinated you should self-isolate and take a PCR test. If your test is negative you can stop isolating, however;
 - if you are a close contact of someone with the suspected or confirmed [Omicron variant](#), you must self-isolate for 10 days, regardless of your vaccination status or age
- All staff and learners in [secondary schools](#), colleges and universities should now wear face coverings while indoors where physical distancing cannot be maintained.

Further details are available on the Welsh Government website 'Sport, recreation and leisure: [Guidance for a safe return](#)'

Northern Ireland

- All facilities open
- Pre-covid levels for ventilation etc, but CO2 monitors advised to help monitor
- Need to collect details of people entering facilities
- If double vaccinated – no need to self-isolate if no symptoms (however PCR test advised)
- Face coverings must be worn in facilities (except when doing PA)
- Covid passes needed in:
 - nightclubs
 - hospitality venues which serve food and drink
 - cinemas, theatres, concert halls and conference centres
 - indoor events with 500 or more attendees with some or all of the audience not normally seated
 - outdoor events with 4,000 or more attendees with some or all of the audience not normally seated
 - events where more than 10,000 people will be present regardless of whether they are seated
- Are promoting Work from Home

Further details are [available here](#)

ukactive will update all relevant guidance and links as these become available. If you have not been able to find the link you need, or if you have any further questions relating to the



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content of this update, please contact the team using membership@ukactive.org.uk or by calling us on 0208 158 9700

Previous updates

6th December

Scotland

- Omicron variant
 - Updated to include 'Negative test added to certification'

1st December

England

- Omicron variant
 - Updated guidance for 'NHS Test and Trace in the workplace'

30th November 2021

Scotland

- Omicron variant - Changes to self-isolation

England

- Omicron variant
 - Changes to self-isolation
 - Changes to face coverings
 - Update to school, holiday clubs and out of school settings

Wales

- Omicron variant – update to school guidance