

# PHYSICAL ACTIVITY HERO AWARD

## PROFILE (400 WORDS)

Please provide a narrative about your nominee in the space below. Nominations will be explored with particular attention to the areas outlined below:

- Please provide a brief background to the nominee
- Outline key achievements, challenges and significant milestones
- How do they embody the ukactive mission to get more people, more active, more often?
- How is physical activity transforming and improving their lives and/or those of others?
- Why do you think they should win this award?



## AWARDS

