

Question 1: Profile (400 Words)

Please provide a narrative about your nominee in the space below. Nominations will be explored with particular attention to the following areas:

- What are the goals they have set?
- What challenges have they faced?
- What have been their personal motivations? What have they achieved?
- How is physical activity transforming and improving their lives and/or those of others?
- What does fitness mean to them?
- How do they use physical activity to give back to others and engage with society in a positive way?
- Why are they uniquely special in what they do?
- What does the future hold for them?