

Sweat 2021

Time	Session	Speakers
11:45-12:00	Welcome	 Huw Edwards, CEO of ukactive Craig Swywer, Commercial Marketing Manager of Technogym
12:00-12:20	Introduction	Emma Barry, Co-founder & Chief Creative Soul at Good Soul Hunting
12:20-13:00	Keynote: "The digital experience: how to pivot successfully"	Chris Richardson & Christopher Watson, Co- founders of Zero Gravity Pilates
13:00- 13:30	Ultra Mat Pilates Class	Chris Richardson & Christopher Watson, Co- founders of Zero Gravity Pilates
13:30 -14:00	EVENT BREAK	
14:00 - 15:00	Panel discussion: "The bounce back post Covid-19"	 Chaired by: Emma Barry, Co-founder & Chief Creative Soul at Good Soul Hunting Panellist: Barbara den Bak, Founder of High Studios Tom Moos, Founder of Saints & Stars Clare Stobart, Founder of CPASE Fraser Smith, Founder of Vive Fitness
15:00- 15:45	Panel discussion: "Business expansion & innovation"	 Chaired by: Dave Alstead, Head of Member Experience at ukactive Panellist: Zoe Bertali; Co-founder of The Refinery E9 studio and the 'Refine With ALFI' app Todd Wadler, CEO and Founder of BoxUnion Ali Aneizi, Founder of Tamweel Capital
15:45 - 15:50	Closing note	 Dave Alstead, Head of Member Experience at ukactive