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## **Members Update – 19<sup>th</sup> July 2021**

### **Latest Update**

#### **England**

- Guidance for Step 4

**Please read this guidance in-line with the [ukactive operational procedures](#)**

**The updated complimentary Fit Together campaign toolkit is [available here](#)**

### **England**

Following the Prime Ministers announcement England will move to Step 4 from the 19<sup>th</sup> July.

If details for Step 1, 2 or 3 are needed, please get in contact and we can share

### **England is currently in Step 4**

#### **Step 4 (19<sup>th</sup> July)**

- No legal limit on social distancing
- Will be a risk assessment-based approach
- All sports facilities can open, including ancillary facilities.
- There are no indoor capacity limits, however, facilities may put in place some restrictions and guidance for enclosed areas
- Full [Government details are available](#)
- [ukactive guidance is available here](#)

### **Scotland**

**Currently all of Scotland is in a Level between 0 – 2 – to check the level for your facility, [please follow this link](#)**

Read the [timetable for easing restrictions](#) and view the [Coronavirus section](#) for all updates.

Today, 13<sup>th</sup> July, the [First Minister has stated](#) that from the 19<sup>th</sup> July, all of Scotland will move to Level 0, where facilities can continue to open with the below criteria

If details for Level 1, 2, 3 or 4 are needed, please get in contact and we can share

#### **Level 0 (all of Scotland from the 19<sup>th</sup> July)**

- Indoor contact sport and physical activity is permitted.
- 1m physical distancing in indoor settings.
- outdoor group gatherings will be up to 15 people from up to 15 households - there will be a requirement for 1m distancing between different groups of 15



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- Restrict max occupancy in buildings to 75sqft (7sqm) per person to achieve enhanced ventilation (equivalent to 15 l/s/p).
- Monitor CO2 levels inside buildings to maintain 800 – 1000ppm

It is planned that Scotland will move to 'Beyond level 0' on the 9<sup>th</sup> August

The latest FAQ's from Sport Scotland are available here - [Sport Scotland guidance](#)

### Wales

The [First Minister confirmed today](#) (14 July) that all areas of Wales will move into Level 1 on the 17<sup>th</sup> July:

#### **From 17<sup>th</sup> July (Level 1):**

- Gyms, leisure centres and fitness facilities can reopen.
- Spa's and saunas can open
- Steam rooms may open
- As above, however organised indoor events can take place for up to 1,000 seated and up to 200 standing.
- Ice rinks can reopen
- You should ensure that you maintain social distancing from the people you are exercising with if they are not in your household or extended household.
- All Covid secure guidelines must be followed
- A specific requirement for employees to provide comprehensive information on the risks and mitigations identified in the COVID risk assessment with their employees.

#### **Level 0 (planned for 7<sup>th</sup> August):**

- restrictions will be removed and replaced with the ongoing requirement for all organisations and businesses to carry out Covid risk assessments.
- Face coverings will continue to be required by law in most indoor public places and on public transport at alert level zero from 7 August, with the exception of hospitality settings.
- Further details available here – [Coronavirus Control Plan: Alert Level 0](#)

The Welsh Government updated the 'Sport, recreation and leisure: [Guidance for a safe return](#)

### Northern Ireland

Following the [executives announcement](#) on 20<sup>th</sup> May, the next relaxations will commence on Monday 24<sup>th</sup> May:

Current guidance (from 24<sup>th</sup> May)

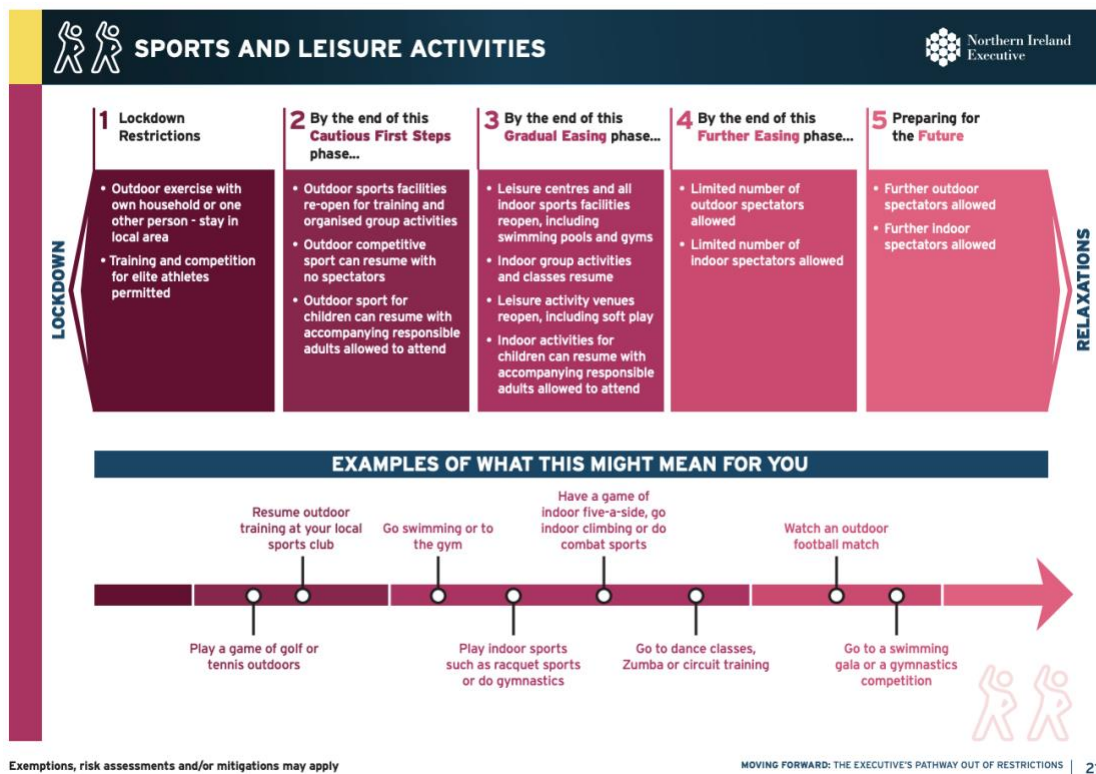


- Return of indoor group exercise and training (Includes soft play areas, leisure centres, gyms, swimming pools, equestrian centres, venues relating to motor sport and activity centres)
- no max limits – to remain based on 100sqft and then social distancing inside the facility
- Changing rooms can open, but it is advised that people attend ‘exercise ready’

Full Northern Irish Government guidance can be found here: [COVID-19: Guidance on the safe return of sport](#)

### Review Update

The next review date is scheduled for the 22<sup>nd</sup> July



Further details are [available here](#)

ukactive will update all relevant guidance and links as these become available. If you have not been able to find the link you need, or if you have any further questions relating to the content of this update, please contact the team using [membership@ukactive.org.uk](mailto:membership@ukactive.org.uk) or by calling us on 0208 158 9700



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