









## **UK Health & Fitness Market** Report 2025





# **UK Health & Fitness Market**



The UK's first market report showing quarterly trends from the health and fitness sector's most comprehensive dataset.

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ukactive Events Calendar



What's going on? Stay updated on the latest ukactive and sector events



View calendar



ukactive Awards 2025

The ukactive Awards is back at the ICC



**W** AWARDS

in Birmingham on 30th October 2025. SAVE THE DATE

